

## YEAR OF STAYING REMOTELY ON COURSE

Public Service Ministry  
164 Waterloo Street  
Georgetown.

Ref. NO. PS: 16/0/36

1988-06-17

Dear Comrade,

### HAVING FUN DURING YOUR FITNESS PROGRAMME

Are you overweight?

Are your thoughts muddled?

Are you forgetful?

Are you noisy?

Do your bones ache?

You are working too hard for too many hours at a Sedentary job.

How about some outdoor activity?

The Guyana Public Service Union has organized a number of sports competitions –

- to improve the inter-Ministry relationships
- to keep us fit.
- to provide some relief from the pressure of our demanding jobs.

The competitions will be run off during the period 1<sup>st</sup> July –30<sup>th</sup> November 1988:

a) Inter- Ministry Seven –a-Side Football

Are you part of your Ministry's football team ?

If not why, why not?

b) Inter-Ministry Whist Competition

If your staff cannot run about then they can sit and win.

c) Inter -Ministry Circle tennis Competition

Have you encouraged the ladies on your staff to organize a Ministry team?

No previous skill in these areas is required.

d) Inter - Ministry Table Tennis Championship

Surely your Ministry can field a team for one of these four games! There is no age limit

Kindly give to one of your officers the responsibility for organizing your Ministry's team.

Thanks for your co-operation.

Yours Co-operatively

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J.E Sinclair  
Permanent Secretary

**TEAMWORK FOR SUCCESS**